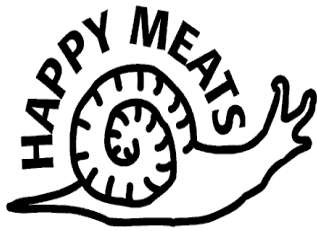


Happy Meats



PUTTING WELFARE FIRST

The Best of a Tasty and Traditional Christmas

Christmas 2006



Opening Times

- Wednesdays,
Thursdays &
Fridays
9.00 – 5.00pm
- Saturdays
10.00 – 4.00pm

Christmas and New Year

We are Open:
Weds 20th – Sat 23rd
9am – 5pm.

Closed all day C'mas
Eve.

Reopening Weds 3rd
January 2007

Try to resist.....

- Superbly marbled
piece of Belted
Galloway Topside
Beef
- Spectacular
looking (and
tasting!) Lamb
Crown Roast
- Home Dry Cured
Old Spot Gammon
- Haunch of Wild
Venison



Find us in :

Rick Steins Food Heroes, The River
Cottage Meat Book, The Guardian
Food Directory and the BBC and Big
Barn Voucher Scheme

Christmas Offer

Rare Breed Beef Mince and
Stewing Steak

Buy 3 x 500g packs,
get a 4th FREE

All 4 packs to be the same i.e. mince or
braising steak. Cheapest pack will be
free. Subject to availability in Dec.

Old Spot Sausage Meat -

The original and the best Chemical
Free Pork Sausage Meat in
500g (1LB) tubes

Smoked Pheasant Breasts wrapped
in Old Spot Bacon are back in
season. A wonderful, simple to cook,
seasonal treat. £5.50 per pack of two.



EGGS Sorry, the short days and long
nights have taken toll on our hens so eggs
are in very short supply. Its a reminder of
the natural seasonality of eggs and that
most hens are kept inside where artificial
lights blaze to stimulate very unnatural
laying.

Internet and Mail Ordering

Its easy. Order by phone or online
and we deliver by courier. Delivery
charge is £17.50 for all orders.
Minimum order £60. Last courier
delivery date for Christmas will be
Friday 15th Dec.

Don't forget:

- Happy Meat Gift Vouchers are
available in £5.00 & £10.00
values.
- Great Christmas Gammon
Recipe on our web site and a
free recipe card with each order.

Keep an eye on

www.happymeats.co.uk

For new products such as our
tremendously popular and proper ,
homemade traditional faggots

Contacting us....

Iain and Melissa.
Bank House Farm,
Stanford Bridge,
Worcestershire,
WR6 6RU

01886 812 485

info@happymeats.co.uk

www.happymeats.co.uk

If you wish to receive a copy
of our Newsletter via email,
please send me an email message
to the email address above, and
we will do the rest.

Pork	£/Kg	£/LB
Leg on the bone	7.50	3.40
Leg boned and rolled	8.50	3.85
Leg Steaks	8.81	4.00
Diced Leg	8.81	4.00
Chump Joint	7.50	3.40
Shoulder boned and rolled	6.50	2.95
Chops/ Loin Joint	7.50	3.40
Belly Slices / Joint	5.50	2.49
BBQ Ribs	6.00	2.72
Liver/Kidney/Heart	3.31	1.50
Tenderloin	11.34	5.15
Trotters/Hock	4.40	2.00
Pork Mince	6.60	2.99

Lamb

Leg on the bone	8.00	3.63
Leg Fillet	8.60	3.90
Leg boned and rolled	12.00	5.44
Boneless leg steaks	14.50	6.58
Chump Joint	11.00	4.99
Chump Chops	11.00	4.99
Boneless Chump steaks	13.00	5.90
Loin Chops/Joint	11.00	5.00
Rib Chops/ Joint	11.00	5.00
Shoulder on the bone	5.51	2.50
Shoulder boned and rolled	7.77	3.52
Breast	2.75	1.25
Breast boned and rolled	5.51	2.50
Neck	3.31	1.50
Neck Fillet	13.00	5.90
Diced Breast	5.62	2.55
Diced Shoulder	8.00	3.63
Diced for stir fry	9.50	4.31
Lamb Mince	7.50	3.52

Mutton – limited availability

Leg on the bone	8.00	3.63
Shoulder on the bone	6.12	2.78
Mutton Casserole	7.80	3.54

Sausages & Burgers

• *The Governor -original old spot (Cmas sausage meat)	7.30	3.31
• *Gallop Gloucesters- herby o s	7.30	3.31
• *Lamb, Apricot, onion and garlic	7.30	3.31
• *Pork, S'dried Tomato, basil & garlic	7.30	3.31
• *Pork, Smoked Bacon and Garlic	7.30	3.31
• Pork and Leek	7.30	3.31
• Pork and Apple Burgers	8.00	3.63
• Beef Burgers -gluten free	9.00	4.08
• Lamb and Redcurrent Burgers- gluten free	8.00	3.63
* Can be done Gluten Free	7.30	3.31

Cured Meat

Short back bacon	12.00	5.44
Streaky bacon	8.00	3.63
Middle bacon	9.50	4.31
Gammon steaks	12.00	5.44
Gammon Joint B&R	11.00	4.99
Leg fillet bacon	13.00	5.90

Traditional Oak Smoked

Short back bacon	13.00	5.90
Streaky bacon	9.00	4.08
Middle bacon	10.50	4.76
Gammon Steaks/ Leg Bacon	13.00	5.90
Gammon Joint B&R	12.50	5.69
Leg Fillet Bacon	14.00	6.35

Rare Breed Beef

Rib on the bone	10.00	4.53
Sirloin Boned Rolled	19.00	8.62
Sirloin Steak	24.00	10.89
Best Topside	12.50	5.67
Topside	10.25	4.65
Brisket	7.00	3.17
Rump Steak	18.50	7.49
Fillet Steak	29.50	13.39
Best Braising Steak	10.00	4.53
Braising Steak	8.00	3.63
Stewing Steak	8.00	3.63
Mince	8.00	3.63

Available in season

Wild Venison –
Smoked Pheasant Breasts
Smoked Trout Fillet

Prices on
web site

Chicken – Whole

3.70

Also can be sold as portions

To order Happy Meats

Write to us (address overleaf), email us at info@happymeats.co.uk, use the online order form on the website or call us anytime on 01886 812 485 and leave a message.

Getting your Order to you

- At our Shop
- Nation-wide courier delivery, subject to additional delivery costs of £17.50 minimum order £60
- At Knightwick Produce Market. Order in advance and you can collect your order. 2nd Sunday of every month 11-1.30

Happy Meat animals are:

- Free-range
- Traditional rare breeds such as Gloucester Old Spot pork and Dexter cattle
- GM free
- Not fed any antibiotics, or other typical growth promoting additives
- Live a longer happier life where their welfare is put first