



Winter/Spring
2002

Shop Opening Times

- **Wednesdays,
Thursdays & Fridays**
2.00 – 5pm
- **Saturdays**
10.00 – 1.00pm

If these times do not suit you,
please phone to arrange a
more convenient one.

Contacting us....

Iain and Melissa,
Bank House Farm,
Stanford Bridge,
Worcestershire,
WR6 6RU

01886 812 485

info@happymeats.co.uk

www.happymeats.co.uk

If you wish to receive your copy
of our Newsletter via email,
please send me an email message
to the email address above, and
we will do the rest.

Now we are really Smokin..!

Since Christmas our prototype Smoke House has been up and running producing some wonderful smoked duck, pheasant and ofcourse bacon and gammon. With plans for a bigger one situated right by the new shop, we look forward to showing you traditional oak smoking in action. We plan to smoke beef and venison soon and if we can find a source of local fish, we may even smoke that too! For those of you who have not yet discovered our unique delicious **smoked pheasant breast wrapped in Old Spot bacon** - we do encourage you to try one. So easy to cook (one hour at 140 degrees) and great as an easy meal or a very special starter. Price £2 each.

Completely New Sausage Recipes

Now fully trained as our very own "Championship Sausage Maker", Melissa has been working hard on improving all the sausage recipes. All our sausages have been reworked and we think you will love the results. Do try the Galloping Gloucesters - Millys piece de resistance. Watch out however for the Wild Venison, red wine and redcurrant sausages she is currently working on.

New Willow Furniture for your Garden

Soon we will be stocking some unique and beautiful garden furniture. Garden chairs and plant supports made from local willow and hazel. Made at Top Barn Training rear Hallow, Social Services supported young people and adults learn traditional coppice crafts and to care for farm animals. It's an excellent place and we are very happy to support them as an outlet for their quality hand made furniture.

Grass-tea Beer available now!

From Wednesday 20th Feb, we shall have fresh beef in stock. It will have been hung for 3 weeks as we insist.

Rare Breed Dexter for Easter

Be warned though; this will be the last Dexter until Christmas!

Latest from Bank House Farm

This winter has been so much kinder to us than last. You may remember it rained from September onwards last year making our farm a very soggy place indeed. This year we thought that we had escaped much of the wet stuff but recently it has been catching up with us. We have a rule that however wet the land is, as long as the pigs beds are dry they are happiest outside. However after two staggering storms at the end of January, their beds got wet and so in came the pigs. We have promised them to go back out as soon as possible!

We must say a big "Thankyou" to you for making our Christmas such a success. It was not the best timing but just before Christmas our new shop and preparation area got up and running. Needless to say we had to learn fast!! Iains butchery is coming on well and as for Milly's sausages -superb. Thanks again.

Thanks also for our holiday in January. We do hope you were not too put out and managed to get your supply of Happy Meat.

Iain and Milly

Special Value Packs. The most economic way to buy our meat is to purchase a half pig or lamb or a prime pack. You select the joint and pack size.

Prime Cuts Packs. The Pork Prime Cuts Pack includes: fillet, leg, loin chops and the shoulder. The Lamb Prime Cuts Pack is fillet, leg, loin chops and shoulder.

Half Packs. *Best value of all.* For a Half Pig Pack, in addition to everything you get in the Prime Cuts Pack you get belly joints, liver and kidney and should you wish trotters. The Half Lamb Pack includes the Prime Cuts Pack plus neck and breast joints, liver and kidney.

To order Happy Meats

Write to us at the address below, fax us on 01886 812206, email us at info@happymeats.co.uk or

call us anytime on 01886 812 485 and leave a message.

Getting your Order to you

- Visit us by arrangement if you cannot get to the shop during our opening hours. Call us and we will try to find a time that suits us all.
- For orders over £70 in the Worcestershire/East Herefordshire locality we can deliver at no extra cost.
- Nation-wide courier delivery, subject to additional delivery costs.

| Pork | £/Kg | £/LB |
|---------------------------|-------------|-------------|
| Leg on the bone | 6.61 | 3.00 |
| Leg boned and rolled | 7.93 | 3.60 |
| Leg Steaks | 8.81 | 4.00 |
| Diced Leg | 9.91 | 4.50 |
| Chump Joint | 4.96 | 2.25 |
| Shoulder on the bone | 4.96 | 2.25 |
| Shoulder boned and rolled | 6.06 | 2.75 |
| Chops/ Loin Joint | 6.84 | 3.10 |
| Belly Slices / Joint | 3.52 | 1.60 |
| BBQ Ribs | 3.85 | 1.75 |
| Liver/Kidney/Heart | 3.31 | 1.50 |
| Tenderloin | 11.34 | 5.15 |
| Trotters/Hock | 1.65 | 0.75 |

| | | |
|---------------------------------|-------|------|
| Pork Mince | 5.61 | 2.55 |
| Lamb | | |
| Leg on the bone | 6.94 | 3.15 |
| Leg boned and rolled | 8.81 | 4.00 |
| Boneless leg steaks | 11.50 | 5.22 |
| Chump Joint | 6.17 | 2.80 |
| Boneless Chump steaks | 10.00 | 4.53 |
| Loin Chops/Joint | 8.26 | 3.75 |
| Rib Chops/ Joint | 7.93 | 3.60 |
| Shoulder on the bone | 5.51 | 2.50 |
| Shoulder boned and rolled | 7.27 | 3.30 |
| Boneless Shoulder Steaks | 8.81 | 4.00 |
| Breast | 2.75 | 1.25 |
| Breast bones and rolled | 5.51 | 2.50 |
| BBQ Ribs | 3.52 | 1.60 |
| Neck | 2.75 | 1.25 |
| Diced for Casserole | 5.62 | 2.55 |
| Diced for stir fry | 7.82 | 3.55 |
| Liver/Kidney/Heart | 4.40 | 2.00 |
| Lamb Mince | 7.16 | 3.25 |
| Sausages | | |
| • The Governor | 6.23 | 2.83 |
| • Galloping Gloucesters | 6.23 | 2.83 |
| • Farmers Friend | 6.23 | 2.83 |
| • Lamb Burgers-gltn free | 6.23 | 2.83 |
| • Lamb Burgers with Cranberry | 6.23 | 2.83 |
| • Pork and Apple Burgers | 6.23 | 2.83 |
| Gluten free sausages - to order | 6.23 | 2.83 |
| Cured Meat | | |
| Short back bacon | 8.04 | 3.65 |
| Streaky bacon | 5.35 | 2.43 |
| Middle bacon | 6.94 | 3.15 |

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|--------------------|-------|------|
| Collar gammons B&R | 7.04 | 3.20 |
| Gammon steaks | 10.46 | 4.75 |
| Gammon Joint B&R | 9.25 | 4.20 |
| Smoked – | | |
| Short back | 8.81 | 4.00 |
| Streaky | 6.16 | 2.80 |
| Middle bacon | 7.82 | 3.55 |
| Gammon Joint B&R | 10.10 | 4.58 |

Special Value Packs

- **SPECIAL** Half Pig **4.19** **1.90**
- **SPECIAL** Prime Pack
Pork **4.98** **2.26**
- **SPECIAL** Half Lamb **4.78** **2.16**
- **SPECIAL** Prime Pack
Lamb **5.57** **2.53**

Free Range Grass fed Beef

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|---------------------|-------|------|
| Beef Sirloin | 15.00 | 6.80 |
| Beef Rib Joint | 8.00 | 3.63 |
| Beef Topside | 8.30 | 3.77 |
| Brisket | 6.20 | 2.81 |
| Braising Steak | 7.80 | 3.54 |
| Best Braising Steak | 9.20 | 4.17 |
| Stewing Steak | 6.00 | 2.72 |
| Rump Steak | 12.30 | 5.58 |
| Mince | 6.00 | 2.72 |
| Slow Roast Chuck | 6.90 | 3.13 |

Pheasant

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|--|----------------|
| Pheasant Fillets (packs of 2) | £3.00 per pack |
| Smoked Fillet of pheasant wrapped in streaky bacon | £2 each |

