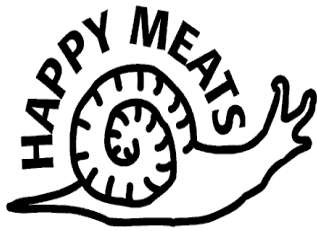


# Happy Meats



**PUTTING WELFARE FIRST**

## The Best of a Tasty and Traditional Christmas

**Christmas 2006**



### Opening Times

- Wednesdays, Thursdays & Fridays  
9.00 – 5.00pm
- Saturdays  
10.00 – 4.00pm

#### Christmas and New Year

We are Open:  
Weds 20th – Sat 23rd  
9am – 5pm.

Closed all day C'mas  
Eve.

Reopening Weds 3rd  
January 2007

### Try to resist.....

- Superbly marbled piece of Belted Galloway Topside Beef
- Spectacular looking (and tasting!) Lamb Crown Roast
- Home Dry Cured Old Spot Gammon
- Haunch of Wild Venison



### Recommended by:

Rick Stein, The River Cottage Meat Book, The Guardian Food Directory and now also Heston Blumenthal (Sunday Times 12/11/06)

### Christmas Offer

Rare Breed Beef Mince and  
Stewing Steak

Buy 3 x 500g packs,  
**get a 4th FREE**

All 4 packs to be the same i.e. mince or braising steak. Cheapest pack will be free. Subject to availability in Dec.

### Old Spot Sausage Meat -

The original and the best Chemical Free Pork Sausage Meat in 500g (1LB) tubes

**NEW! Game Pie Packs** (venison, rabbit, partridge and pheasant)

**Smoked Pheasant Breasts wrapped in Old Spot Bacon** are back in season. A wonderful, simple to cook, seasonal treat. £5.50 per pack of two.



**EGGS** Sorry, the short days and long nights have taken toll on our hens so eggs are in very short supply.

### Internet and Mail Ordering

Its easy. Order by phone or online and we deliver by courier. Delivery charge is £17.50 for all orders. Minimum order £60. Last courier delivery date for Christmas will be Friday 15<sup>th</sup> Dec.

### Don't forget:

- Happy Meat Gift Vouchers are available in £5.00 & £10.00 values.
- Great Christmas Gammon Recipe on our web site and a free recipe card with each order.

Keep an eye on

[www.happymeats.co.uk](http://www.happymeats.co.uk)

For new products such as our tremendously popular and proper homemade traditional faggots

### Contacting us....

Iain and Melissa,  
Bank House Farm,  
Stanford Bridge,  
Worcestershire,  
WR6 6RU

01886 812 485

[info@happymeats.co.uk](mailto:info@happymeats.co.uk)

[www.happymeats.co.uk](http://www.happymeats.co.uk)

If you wish to receive a copy of our Newsletter via email, please send me an email message to the email address above, and we will do the rest.

<b>Pork</b>	<b>£/Kg</b>	<b>£/LB</b>
Leg on the bone	7.50	3.40
Leg boned and rolled	8.50	3.85
Leg Steaks	8.81	4.00
Diced Leg	8.81	4.00
Chump Joint	7.50	3.40
Shoulder boned and rolled	6.50	2.95
Chops/ Loin Joint	7.50	3.40
Belly Slices / Joint	5.50	2.49
BBQ Ribs	6.00	2.72
Liver/Kidney/Heart	3.31	1.50
Tenderloin	11.34	5.15
Trotters/Hock	4.40	2.00
Pork Mince	6.60	2.99

## Lamb

<b>Christmas Crown Roast</b>	13.00	5.90
Leg on the bone	8.00	3.63
Leg Fillet	8.60	3.90
Leg boned and rolled	12.00	5.44
Boneless leg steaks	14.50	6.58
Chump Joint	11.00	4.99
Chump Chops	11.00	4.99
Boneless Chump steaks	13.00	5.90
Loin Chops/Joint	11.00	5.00
Rib Chops/ Joint	11.00	5.00
Shoulder on the bone	5.51	2.50
Shoulder boned and rolled	7.77	3.52
Breast	2.75	1.25
Breast boned and rolled	5.51	2.50
Neck	3.31	1.50
Neck Fillet	13.00	5.90
Diced Breast	5.62	2.55
Diced Shoulder	8.00	3.63
Diced for stir fry	9.50	4.31
Lamb Mince	7.50	3.52

## Mutton – limited availability

Leg on the bone	8.00	3.63
Shoulder on the bone	6.12	2.78
Mutton Casserole	7.80	3.54

## Sausages & Burgers

• *The Governor -original old spot (Cmas sausage meat)	7.30	3.31
• *Galloping Gloucesters- herby o s	7.30	3.31
• *Lamb, Apricot, onion and garlic	7.30	3.31
• *Pork, S'dried Tomato, basil & garlic	7.30	3.31
• *Pork, Smoked Bacon and Garlic	7.30	3.31
• Pork and Leek	7.30	3.31
• Pork and Apple Burgers	8.00	3.63
• Beef Burgers -gluten free	9.00	4.08
• Lamb and Redcurrent Burgers- gluten free	8.00	3.63
* Can be done Gluten Free	7.30	3.31

## Cured Meat

Short back bacon	12.00	5.44
Streaky bacon	8.00	3.63
Middle bacon	9.50	4.31
Gammon steaks	12.00	5.44
<b>Gammon Joint B&amp;R</b>	<b>11.00</b>	<b>4.99</b>
Leg fillet bacon	13.00	5.90

## Traditional Oak Smoked

Short back bacon	13.00	5.90
Streaky bacon	9.00	4.08
Middle bacon	10.50	4.76
Gammon Steaks/ Leg Bacon	13.00	5.90
Gammon Joint B&R	12.50	5.69
Leg Fillet Bacon	14.00	6.35

## Rare Breed Beef

Rib on the bone	10.00	4.53
Sirloin Boned Rolled	19.00	8.62
Sirloin Steak	24.00	10.89
Best Topside	12.50	5.67
Topside	10.25	4.65
Brisket	7.00	3.17
Rump Steak	18.50	7.49
Fillet Steak	29.50	13.39
Best Braising Steak	10.00	4.53
Braising Steak	8.00	3.63
Stewing Steak	8.00	3.63
Mince	8.00	3.63

## Available in season

- Wild Venison –all joints
- Game Casserole Packs (venison, rabbit, partridge and pheasant)
- Smoked Pheasant Breasts
- Smoked Trout Fillet

Prices on web site

## Chicken – Whole

3.70

Also can be sold as portions

## To order Happy Meats

Write to us (address overleaf), email us at [info@happymeats.co.uk](mailto:info@happymeats.co.uk), use the online order form on the website or call us anytime on 01886 812 485 and leave a message.

### Getting your Order to you

- At our Shop
- Nation-wide courier delivery, subject to additional delivery costs of £17.50 minimum order £60
- At Knightwick Produce Market. Order in advance and you can collect your order. 2<sup>nd</sup> Sunday of every month 11-1.30

## Happy Meat animals are:

- Free-range
- Traditional rare breeds such as Gloucester Old Spot pork and Dexter cattle
- GM free
- Not fed any antibiotics, or other typical growth promoting additives
- Live a longer happier life where their welfare is put first